

**2011 Adirondack Experience
Personal Outdoor Experiences**

Name: _____ Date: _____

Residence Hall Name/Number: _____

E-Mail Address: _____

Fax to: (518) 327-6545 or email to: kdomas@paulsmiths.edu
Or snailmail: Kirsten Domas, 106 Saunders Sports Complex, Paul Smith's College, Paul Smiths, NY 12970

I prefer: two days hiking and one day of canoeing
 two days canoeing and one day of hiking
 two days of hiking and a day of rock climbing
 two days of canoeing and a day of rock climbing
 Either is fine; a day outdoors is better than inside
 I brought my mountain bike and would like to spend a day cycling through
 the woods.
 I brought my mountain bike and would like to spend two days cycling
 through the woods.
 I brought my road/touring/hybrid bike and would like to spend a day or two
 doing some bike touring.
 I brought my fishing supplies and hope to go fly fishing for a day or two.
 I brought my fishing supplies and hope to go bass fishing for a day or two.
 I paid for one day of whitewater rafting!
 I would be interested in snorkeling
 I am not interested in rock climbing

Moderate Hiking/Canoeing (5 – 6 miles/day) and Outdoor Challenges
Intensive Hiking/Canoeing/8 – 12 miles/day and Outdoor Challenges

Please provide some background on your personal outdoor experiences including:

Personal Hiking Experience: _____

Personal Canoeing Experience: _____

Personal Backcountry First Aid Training: _____

Rock climbing, Aquatics (on – the water) Skills and Other Outdoor Practical Experience:

Personal Goals/Objectives from participating in Adirondack Experience:

My Knowledge of the Adirondacks:

Dietary Restrictions:
